

# The Psalms of Ascents: Psalms 124 - 125

Sunday, March 5

## Psalm 124 (Theme: Help)

- Characterize the perspective conveyed by the author in verses 1 – 3. What point does he emphasize regarding the help that the Lord gives His people? (*Romans 8: 31 – 33*)
- In verses 4 & 5, what historical event is the author referencing? How can we relate this event to the challenges that we face in our daily lives? (*Joshua 3: 14 – 17*)
- Considering verses 6 & 7, describe the illustrations provided by the author. How does God enable us to “escape” the challenges and tribulations that we encounter? (*1 Corinthians 10: 13*)
- What confidence can we derive from the acknowledgement that the author makes in verse 8?

## Psalm 125 (Theme: Strength)

- In verses 1 & 2, how does the author describe those who trust in the Lord? How does he then describe God’s power in relation to His people? (*Proverbs 3: 5; Psalm 34: 7*)
- How does the author describe the conditional aspect of our relationship with God in verses 3 & 4? (*Galatians 6: 7 – 8*)
- From verse 5, what are the consequences for those who turn away from the Lord? Explain the author’s reference to God “leading away” or “banishing” those who turn away from Him. (*Romans 6: 23*)

**Continued on Back**

# The Psalms of Ascents: Psalms 126 - 127

Wednesday, March 8

## Psalm 126 (Theme: Joy)

- From verse 1, what event does the author reference, and what does this indicate about the potential time frame in which this psalm was written?
- In verses 1 – 3, how does the author describe the reaction of the people who had returned from captivity? Who was responsible for the joy that they expressed? (*Psalm 16: 11; Romans 15: 13*)
- What request does the author make in verse 4? Describe his reference to the “streams of the South” (or in the “Negev”). (*Isaiah 43: 19*)
- Describe the illustrations provided in verses 5 & 6. How can we relate to these illustrations in relation to the situations we experience throughout our life? (*1 Peter 4: 12 – 13; John 16: 22*)

## Psalm 127 (Theme: Priorities)

- Considering that this psalm is attributed to King Solomon, describe the relevance of the illustrations provided in verse 1. What could the house and the city referenced in these illustrations represent (other than physical structures)? (*1 Timothy 5: 8*)
- In verse 2, characterize the message that Solomon provides regarding our priorities in life. What is typically the outcome of our worldly properties and pursuits in comparison to the peace that God offers to those who faithfully serve Him? (*Ecclesiastes 2: 17; Ecclesiastes 2: 23; Matthew 11: 28 – 30*)
- How does Solomon address the importance of family in verses 3 – 5? How does this relate to the overall theme regarding our priorities? (*Ephesians 6: 4; 2 Corinthians 6: 17 – 18*)